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2010 - 2011

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Please join us for our

Essential Leadership Skills

Jan 20-21 • Surrey, BC • Member: \$735 • Non-member: \$835

Through an interactive workshop approach, attendees will learn valuable skills to help make them more effective leaders. Topics for discussion include the skills, knowledge and behaviors needed for successful leadership, effective communication, employee motivation, workplace conflict, and progressive discipline and counseling. Taught by a former foundryman, you won't want to miss this energizing workshop!

After attending this workshop, you will be able to:

- Describe your role as a leader.
- Identify problems associated with poor communication and demonstrate effective communication.
- Identify ways to improve your verbal, non-verbal and listening skills.
- Explain the principles of adult motivation, and describe their role in the workplace.
- Create an engaged workforce through motivation.
- Identify sources of conflict.
- Apply conflict resolution techniques in your job.
- Identify the causes and types of disciplinary issues, and what actions to take before, during and after they arise.

Who Should Attend:

Corporate management, supervisory personnel, engineers and foremen,

Workshop Facilitator:

Jack Matens
Russ Blakely and Associates

Invitation

Course attendees are invited to attend the BC Chapter meeting January 20 at 6:00 p.m. For more information regarding the meeting, or to sign-up for the dinner, contact Crystal Lambert at sales@purityalloys.com.

Housing/Course Location:
Guilford Sheraton

Sponsored By:
AFS British Columbia Chapter



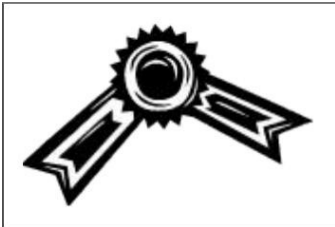
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JANUARY DINNER MEETING AND APPRENTICESHIP AND BURSARY AWARDS NIGHT

This January we are very excited to have Jack Matens from Russ Blakely and Associates as our speaker! Jack Matens is a Human Resources professional with a strong background in training, development and mediation. His areas of expertise are leadership, strategic planning, customer service, team building, communications, and conflict management. The topic of the evening will be **Employee Motivation**.



As well as enjoying a great speaker, this night is also host to the AFS BC Chapter Apprenticeship Awards Night. Come out and see what this years apprentices have to offer!

This years \$500 Bursary will be awarded to the lucky applicant this evening as well.

Evenings Details:

Date: Thursday January 20, 2010 **Time: 5pm Social Hour**
Place: Sheraton Guilford Hotel, Surrey **Cost: \$50.00/adult**

By **January 14** please contact:
Crystal Lambert at **604 888-0181** or email to sales@purityalloys.com

CHRISTMAS DINNER

Our annual Christmas Dinner was again a great success. With 82 attendees the evening was full of friends, cheer and giving. Participating in the raffle meant a chance to win a pair of Canucks tickets along with a gift certificate for dinner. Mark Vanveloten from Adanac Patterns and Mike Thompson from Thompson Foundry took home the prizes. All raffle proceeds went to Mike Midgley of Robar. Service pins were also handed out to the following:

Present:

Tim Olson, Adanac Patterns – 5 years
Crystal Lambert, Purity Alloys – 5 years
Craig Chamberlain, OCL – 25 years
Ken Evans, Pacific Mako – 30 years
Adrian Holmes, Highland – 35 years
Peter Hutchinson, Pacific Mako – 40 years

Not present:

Gavin Cook, Purity Alloys – 5 years
Walter Vettoretti, Highland – 30 years



Thank you for everyone for making this a special evening!

CHRISTMAS DINNER RAFFLE RECIPIENT

Mike has been with Robar for 16 years. Eight years ago at the age of 31, he was diagnosed with MS. Mike decided to have a controversial operation that is not approved in Canada. His out of pocket expenses were over \$15,000 of which the federal government pays approx \$1600.

To help offset these costs Robar had a contest in which people paid \$2 a vote to see which of the Robar Management would dress up as Ms Piggy. The owners of the company stated they would match the amount collected if the second place winner would dress up as Kermit.

The staff at Robar raised \$3600, the owners matched the \$3600 and the BC Chapter of the AFS donated \$700 from the Christmas raffle. Mike was deeply moved and very grateful for the donations. He is doing very well and improving everyday.



Below is the thank-you letter from Mike to the AFS:

Dear A.F.S. members,

On behalf of me and my family I would like to express my sincere gratitude and appreciation for your generosity. I was extremely touched by the fact that your organization was willing to donate money to a person they had never met.

Once again I would like thank you for what you have done for me and my family.

Yours truly,
Michael Midgley



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10 RULES FOR A GOOD CASTING

Rule 6. Avoid Shrinkage Damage

- No feeding uphill because of unreliable pressure gradient.
- Demonstrate good feeding design following all seven feeding rules, by an approved computer solidification model, and test castings.
- Control the level of flash at mold and core joints; mold coats and mold temperatures. Random flash/mold coats/mold temperatures can give random feeding effectiveness by unpredicted changes to the temperature distribution in the casting.

Check back next month for Rule 7...

HOCKEY NIGHT 2011



VS



ATTENTION HOCKEY FANS!!!

For the 7th year running, we are once again pleased to be hosting AFS Hockey Night in Vancouver.

Come and watch the defending Memorial Cup Champions, the Vancouver Giants take on the Seattle Thunderbirds.

The Details:

Date: Friday, February 18, 2011

Time: Dinner @ 6:30pm, Faceoff @ 7:30pm

Place: Pacific Coliseum, 100 N. Renfrew St. Vancouver

Demand is expected to be high, so please book early to avoid being disappointed. All children 12 years of age and under will be receiving a special gift so please note all children who will be in attendance.

Contact Kia @ Thompson Foundry
Ph: (604) 596-9611 Email: kia@telus.net



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CALENDER OF EVENTS for 2010

Thursday, Dec. 16 **AFS Christmas Dinner**
Time: 6:00 PM Location: Westwood Plateau Golf and Country Club,
Coquitlam

Wednesday, Jan. 19 **CMI Course**
- to Friday, Jan. 21 Topic: Leadership in the Foundry
Location: Sheraton Guilford Hotel

Thursday, Jan. 20 **Apprenticeship Night**
Time: 6:00 PM Speaker: Jack Matens
Location: Sheraton Guilford Hotel

Friday Feb. 18 **Hockey Night**
Time: 5:30 PM Vancouver Giants vs. Seattle Thunderbirds
Location: PNE

Wednesday, Mar. 16 **Green Sand Seminar & Dinner Meeting**
Seminar: 12:00 PM Speaker/Instructor: Vic LaFay & Rick Budmayr
Dinner: 6:00 PM Location: Sheraton Guilford Hotel

Thursday, Mar. 31 to **Oregon Chapter Northwest Regional**
- Saturday Apr. 2 <http://www.afsnwregional.com/>

Thursday April 28 WCB Safety Workshop
Time: 1:00pm Speaker: TBD
Location: TBD

Stay tuned for more events.....



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 Robar Industries - Thompson Foundry**

LETTERS TO THE EDITOR

If you have a comment or would like to pass a message to the membership, please send it to me and I will make sure it makes in to the next newsletter.

Please forward all “Letters to the Editor” to: Purity Casting Alloys Ltd.
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 e-mail: sales@purityalloys.com